



**FROM THE PRINCIPAL**

Dear Parents and Carers,

Kaya, Ni hao, Hello to our wonderful Bannister Creek families,

We have had another busy and productive fortnight of school, with students and staff working hard to do their best in all classes and activities. Congratulations to Rooms 8 and 9 on their fantastic assemblies. They both had very important themes. Room 8 taught us all about healthy choices in our eating and Room 9 celebrated our diverse community with Harmony Day messages and songs.

**HARMONY PICNIC**

Next week, we celebrate Harmony Day with lots of activities in classrooms across the week culminating in our Harmony Picnic on Friday 24 March. This will be a fantastic, inclusive event with art, music, food trucks and a Lion Dance. I encourage all families to come and participate.

**SCHOOL GATES**

It is important that families are aware that school staff have no duty of care out of school hours. Students should not arrive at school before 8:15am. There is no one to look after them before this time. When students arrive at school, they may play between the Library and Undercover Area or sit outside the library. No students are to play on the playgrounds before school.

During the school day, our gates are locked to ensure student safety. Anyone needing to enter the school grounds must enter through the Administration Office.

After school, our cleaners and gardeners need to be able to go about their duties to ensure they get home on time. There are also a growing number of older students playing in the ECE (K and PP) playground after school while waiting for parents. This area is designed for Kindy and Pre-Primary aged students only. Please advise them to wait outside of this area when being picked up.

We kindly ask that families who wish to play and chat, in the morning or after school, take advantage of the fantastic playground facilities available in Purley Park and out on the school oval.

To ensure our school community runs smoothly and effectively we remind families of these important times:

- 8:15am – School Gates unlocked
- 8:30am – Students arrive at school
- 8:45am – Classes begin
- 9:00am – School Gates are locked for student safety
- 2:30pm – School Gates are unlocked
- 2:45pm – Students are released from classes
- 3:15pm – All families exit through School Gates
- 3:30pm – School Gates are locked for cleaners and gardeners to complete their duties

If you are going to be late picking up your students, please let the front office know, we will bring the students in to sit on the lounge to wait.

**ACROD PARKING**

We have a limited number of ACROD Parking spaces around our school and these are desperately needed for those school community members who have an ACROD accredited pass. The sticker should be visible on the windscreen of your car. Thank you for being respectful and inclusive for those families who need these spaces.

Thank you for your continued assistance at Bannister Creek Primary School. We love and appreciate our Parents and Carers as crucial partners in the growth and development of our independent and able students. When we all work together our school community thrives.

Kind Regards

Susan Archdall  
 PRINCIPAL

**HARMONY DAY TWILIGHT PICNIC 2023**

**SAVE THE DATE!**

**Friday 24 March  
 4:30pm to 6:30pm**

**HARMONY DAY**



Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone.

Please see the flyer in this newsletter for details.

**COMING EVENTS**

|             |                                   |
|-------------|-----------------------------------|
| Wed, 22 Mar | Summer Carnival                   |
| Tue, 28 Mar | WASO Quartet Performance - 2:00pm |
| Thu, 30 Mar | Ride2School Day                   |
| Wed, 5 Apr  | Easter Raffle draw                |
| Thu, 6 Apr  | Last day of Term 1                |



## SCHOOL ASSEMBLY

On Thursday 9 March, the Room 8 students made their spectacular debut of 'Joe's Epic Breakfast Adventure!'

Joe and his sister Julie, with the help of 'SuperFruity' and the Superfoods, battled Illness, Obesity, Decay and an army of Zombie foods set on destroying their healthy way of life!

We would like to thank the parents for all their support and assistance with costumes and line learning.

To the children of Room 8, you blew us away with your performance and dedication to learning your parts. You really are Superheroes in disguise!

Mrs Ashlin & Ms Addison



Congratulations to Mrs Ashlin, Ms Addison and students in Room 8 for their wonderful assembly.

Room 9 held their assembly today, their photos and story will appear in the next newsletter.



The next assembly will be our ANZAC Assembly. This will be held on **Thursday 6 April**, commencing at **9:40am** sharp. It will be hosted by the Student Council.

## SCHOOL AWARDS - Thursday 9 March 2023

**HONOUR CERTIFICATES: Excellence**, no matter what you are doing, excellence means you are giving it the best you have. Excellence is what leads to success. It takes courage to practice excellence. When you practice excellence, you can break new ground and try new things that have never been thought of before. Doing your best helps you find out who you really are. **Congratulations to the following Honour Certificate recipients from our last assembly.**

| Class   | Student         |
|---------|-----------------|
| Room 6  | Laurence        |
| Room 7  | Duishen, Olivia |
| Room T3 | Logan           |
| Room 8  | Evania, Olly    |
| Room 9  | Addison, Preet  |
| Room T2 | Mayah, Mingxi   |

| Class   | Student           |
|---------|-------------------|
| Room 10 | Beau, Natsu       |
| Room 11 | Carter, Katyayani |
| Room T1 | Billy, Saffa      |
| Room 12 | Mankirat, Muskan  |
| Room 13 | Dihein, Oliver    |
| Room 14 | Nathan, Olivia    |

| Class   | Student             |
|---------|---------------------|
| Room 15 | Layla, Tyler        |
| Room T4 | Joy, Linkin, Nazeri |
| Room 16 | Michael, Sienna     |
| Room 17 | April, Tia          |
| Room 18 | Chase, Hayley, Mihi |

## CARTOON CORNER

Meladee Year 6/Room 17, is a wonderful creator. She has books full of her drawings and creates fun characters in fun situations.

To provide her with encouragement and an outlet for her creativity we have offered her the job of BCPS cartoonist this year.

We hope you enjoy Meladee's cartoons, which will appear in the newsletter this year. Well done Meladee, love your work!



## RIDE2SCHOOL DAY



Be in the running to win this awesome bike lock when you ride, scoot or skate to school on Ride 2 School Day. Bannister Creek Primary School will participate in Ride 2 School Day on Thursday 30 March.



## CHAPLAIN CHAT

Hello to the Bannister Creek Primary School Community,

Let me introduce myself, my name is Tammara McKeown and I have been the Chaplain at BCPS since Semester 2 last year. I am available to students, staff and parents/guardians three days a week (Tuesday, Wednesday and Friday). I want to thank Bannister Creek Primary School for being such a supportive community to join, I have been warmly welcomed by all.

I will use this little space to encourage and cheer on this wonderful community. With that being said, I would like to ask you a question. How do you cope with change?

The start of a new school year holds a lot of change, doesn't it? Students change year groups, classrooms, teachers and classmates. Teachers and staff also experience a lot of changes, some are big, some are small, but all can affect us in different ways. Something I have had to remind myself of, is patience and giving time for things to fall into a rhythm; this can often take time.

My focus for the first half of this term has been supporting students to navigate the changes they experience and help them to process it in a healthy way. For some, change is easier to work through and for others it is harder. I am someone who finds change hard, I like knowing what to expect and when I don't, I find it a struggle. This is something that I have had to learn about myself and work on.

It occurred to me that if I feel this way, then how much does change affect our students? So let me encourage you to be kind to yourself when life changes, because it will and working our way through it can be a journey.

Regards,

Tammara McKeown, School Chaplain

## COMMUNICATION REMINDER

We would like to remind parents / carers to check their children's' bags and diaries for permission notes, class newsletters and general notes informing families of upcoming events etc.

We also recommend that parents load the Connect App onto their phone or computer and regularly check it for school news. If you are having difficulty with the App, please see the Front Office staff.



## LYNWOOD SENIOR HIGH SCHOOL

For students currently in Year 6

### **SOCCER ACADEMY SPECIALIST PROGRAM**

Lynwood Senior High School Soccer Academy is holding trials for Year 6 students only on Thursday 4 May 2023. We welcome interested Year 6 2023 students to apply.



Parents/Carers can find our application through our website [www.lynwood.wa.edu.au](http://www.lynwood.wa.edu.au) under Specialist Programs. All applications can be emailed to [Bree.Faranda@education.wa.edu.au](mailto:Bree.Faranda@education.wa.edu.au) along with the student's most current school report.

### **SCHOOL ENVIRONMENT AND LIFE SCIENCES SPECIALIST PROGRAM**

Lynwood Senior High School Environment and Life Science (EaLS) Program is holding testing on Saturday 24 June 2023. We welcome interested Year 6 2023 students to apply.

Parents/Carers can find our application through our website [www.lynwood.wa.edu.au](http://www.lynwood.wa.edu.au) under Specialist Programs. All applications can be emailed to [Bree.Faranda@education.wa.edu.au](mailto:Bree.Faranda@education.wa.edu.au) along with the student's most current school report.

## P&C NEWS

Our school is set apart from other schools by the generosity, sense of culture, community and belonging and this is no more evident than through the members of the P&C. We are a welcoming bunch and are looking for some new members to come and join in the fun of the P&C as we fundraise to purchase some big-ticket items for the school.

We need parents who are keen to make new friends, donate a small amount of time, and support their children and the school to continue to thrive. We will soon be asking for parent representatives from every class to disseminate information, liaise with other parents and help introduce new members to the P&C. If you think that you can help, please contact us at [bannistercreek.pnc@gmail.com](mailto:bannistercreek.pnc@gmail.com) and we will be in touch to provide any information that you need.

Our next meeting will be held on Tuesday 21 March in the staff room at 6:30pm and is usually only 30 minutes long, please come along, we'd love to meet you!

**Fundraising News:** We are seeking donations of easter themed goodies for our Easter Raffle. If you are able to donate, please drop items off at the Buzz Bar. The Easter Raffle will be drawn on Wednesday 5 April 2023. Get your tickets soon!!

Connect with us on the Facebook!  
<https://www.facebook.com/bcpspnc>

Linda Ross, P&C President  
[BannisterCreek.pnc@gmail.com](mailto:BannisterCreek.pnc@gmail.com)



## ATTENDANCE

### ABSENCES

**Every day is important for you child!**

Bannister Creek Primary School aims for at least 92% attendance.

Once your child is enrolled, it is a Department of Education requirement that they will attend each school day, unless they are unwell and unable to do so.

| Average Period of Absence | Rate of Attendance | Equivalent School Missed |
|---------------------------|--------------------|--------------------------|
| 2.5 days per term         | 95%                | 6 months                 |
| 5 days per term           | 90%                | 1 year                   |
| 1 day per week            | 80%                | 2 Years                  |
| 1.5 days per week         | 70%                | 3 Years                  |
| 2 days per week           | 60%                | 4 Years                  |
| 2.5 days per week         | 50%                | 5 Years                  |
| 3 days per week           | 40%                | 6 Years                  |

## HEALTH AND WELLBEING



kindness

### Virtue of the fortnight

Kindness is like a warm hug from your heart. It means you do things that make other people happy and show that you care. It's about being helpful, understanding, and spreading joy wherever you go.



Bannister Creek is a Crunch&Sip school! For the next 31 days, we will be celebrating March Munch! This is a great opportunity to get crunching on yummy vegetables every day during the month. You can help your child enjoy March Munch by packing some yummy vegetables for them to eat during Crunch&Sip. Happy munching!

### Put some CRUNCH into your day!

Australian children are not eating enough vegetables. Primary school aged children need between 4 and 5 serves every day. Eating vegetables will benefit:

- bones and joints
  - brain and nervous system
  - energy and metabolism
  - heart and circulation
  - hydration
  - immunity
  - skin
  - vision
- AND they taste great!**



**Why not pack some fresh vegies for Crunch&Sip®?**  
Try carrot sticks, cherry tomatoes, snow peas, broccoli and cauliflower pieces, celery or cucumber.

Supported by  
**healthway**

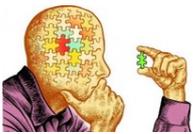


Learn more at [crunchandsip.com.au](http://crunchandsip.com.au)

**Crunch&Sip®**

### Behaviour Education at BCPS

Every Monday, students will attend a 'Behaviour Education Assembly' where they will develop their understanding of self-awareness, self-management, social-awareness, and social-management. Students will also work in small groups to practice their new skills and knowledge.



This fortnight, we are learning about:

Self-Awareness focuses on students understanding the factors that influence their emotions and developing a realistic sense of their abilities and strengths. It involves self-awareness through reflection, evaluation of learning, identification of personal characteristics, and interpretation of emotional states, needs, and perspectives.

The Zones of Regulation is a framework designed to teach children how to identify and manage their thoughts, emotions, and behaviour. The framework is divided into four colour-coded zones, each representing a different emotional state. The Zones of Regulation provides children with tools and strategies to regulate their thoughts, emotions, and behaviour. By using this program, children can develop important social and emotional skills that will serve them well both inside and outside the classroom. Please find attached a poster showing the Zones that you can display in your home to support your child's understanding of the program.



**Blue Zone**  
Sad - Bored  
Tired - Sick



**Green Zone**  
Happy - Focused  
Calm - Proud



**Yellow Zone**  
Worried - Frustrated  
Silly - Excited



**Red Zone**  
Overjoyed/Elated  
Panicked - Angry - Terrified



BANNISTER CREEK PRIMARY SCHOOL  
**HARMONY FAMILY PICNIC**



**Friday 24th March**

**Time: 4:30pm - 6:30pm**

**Where: School Grounds**

This will be a whole school event celebrating WA's rich and diverse cultural heritage through music, art, dance and family fun.

Don't forget to wear your cultural dress or the colour orange.

Bring your family and enjoy the various performances and activities on offer.

Pack a rug, fold-up chairs and a BYO picnic **or** treat the family to:

- P&C Sausage Sizzle
- FIFO Wings
- Mini's Soft Serve



To keep the family **entertained**, we have various performances and activities lined up including:

- Chinese Lion Dance 5pm
- Art display & crafting
- Act Belong Commit activities run by



## COMMUNITY NOTICES



Join us at the  
**Bunnings**  
*Easter Bunny Hop*

**BUNNINGS**  
warehouse

HAPPY  
Easter

FREE

For more information, contact (08) 6350 5600 or visit [www.bunnings.com.au/cannington](http://www.bunnings.com.au/cannington)

A FREE family event with entertainment and D.I.Y.

Date: Thursday 30 March 2023

Time: 6:00pm to 8:00pm

### Activities and fun for the whole family!

- Free sausage sizzle and Easter Bunny visit
- Face painting and glitter tattoos
- DJ magic
- Inflatable obstacle course
- Freedom fairy fun
- Community stalls and fundraising



Refer to your local store for details and book your spot using the QR Code above.

For more information, contact (08) 6350 5600 or visit [www.bunnings.com.au/cannington](http://www.bunnings.com.au/cannington)

**BUNNINGS**  
warehouse



Join the Adventure

Scouts

Adventurous,  
Fun, Active,  
Leadership

Joey Scouts 5-8  
Cub Scouts 8-11  
Scouts 11-14  
Venturer Scouts 14-18  
Rover Scouts 18-25

**WHALEBACK SCOUT GROUP**  
[gl@whalebackscoutgroup.com](mailto:gl@whalebackscoutgroup.com)

[scoutswa.com.au](http://scoutswa.com.au)

## Whaleback Scout Group

### Meeting location:

Whaleback Ave Parkwood.

(First driveway on left from High Rd)

Sections meet during school terms.

### Joey Unit

Wednesday 6:00 – 7:00 pm

### Cub Unit

Wednesday 6:00 – 8:00 pm

### Scout Unit

Friday 7:00 – 9:00 pm

### Venturer Unit

Monday 7:00 – 9:00 pm

For more information

Please contact our Group Leader Chappie

[gl@whalebackscoutgroup.com](mailto:gl@whalebackscoutgroup.com)